Lauds Propers

Friday Week III

1 Apr 2011

Invitatory Psalm Antiphon

Come, today, and listen to his voice: do not harden your *hearts.*

First Psalm

Psalm 51

God, have mercy on me

Cantor: Against you alone have I sinned: Lord, have mercy on *me.*

East Choir: Take pity on me, Lord, in your **mer**cy; *
in your abundance of mercy wipe out my *guilt.*
Wash me ever more from **my** guilt *
and cleanse me from my *sin.*
Against you alone have I sinned: Lord, have mercy on *me.*

West Choir: For I know how guilty **I** am: *
my sin is always before *me.*
Against you alone have I sinned: Lord, have mercy on *me.*

East Choir: Against you, you alone have **I** sinned, *
and I have done evil in your *sight.*
Know this, so that you may give just **sen**tence *
and an unbiased judge*ment.*
Against you alone have I sinned: Lord, have mercy on *me.*

West Choir: See, I was conceived **in** guilt, *
in sin my mother conceived *me;*
but you love truth in **the** heart, *
and deep within me you have shown me your wis*dom.*
Against you alone have I sinned: Lord, have mercy on *me.*

East Choir: You will sprinkle me with hyssop, and I will be **made** clean; *
you will wash me, and I will be whiter than *snow.*
You will make me hear the sound of joy and **glad**ness; *
the bones you have crushed will re*joice.*
Against you alone have I sinned: Lord, have mercy on *me.*

West Choir: Turn your face away from **my** sins *
and wipe out all my transgres*sions;*
create a pure heart in **me,** God, *
put a steadfast spirit into *me.*
Against you alone have I sinned: Lord, have mercy on *me.*

East Choir: Do not send me away from your **pre**sence, *
or withdraw your holy spirit from *me;*
give me again the joy of your sal**va**tion, *
and be ready to strengthen me with your spi*rit.*
Against you alone have I sinned: Lord, have mercy on *me.*
I will teach the unjust **your** ways, *

and the impious will return to *you.*
Free me from the guilt of bloodshed, God, God my **sav**iour, *
and my voice will glory in your jus*tice.*
Against you alone have I sinned: Lord, have mercy on *me.*

West Choir:

Open my **lips**, Lord, *
and my mouth will proclaim your *praise;*
for you do not delight in sacri**fic**es: *
if I offered you a burnt offering, it would not please *you.*
The true sacrifice is a broken **spi**rit: *
a contrite and humble heart, O God, you will not re*fuse.*
Against you alone have I sinned: Lord, have mercy on *me.*

East Choir:

Be pleased, Lord, to look kindly on **Zi**on, *
so that the walls of Jerusalem can be re*built,*
Then indeed you will accept the proper sacrifices, gifts and burnt of**fer**ings; *
then indeed will bullocks be laid upon your al*tar.*

Full Choir:
(profound bow)

Glory be to the Father and to the Son and to the Holy **Spi**rit, *
as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor:

Father, he who knew no sin was made sin for us, to save us and restore us to your friendship. Look upon our contrite heart and afflicted sprit and heal our troubled conscience, so that in the joy and strength of the Holy Spirit we may proclaim your praise and glory before all the nations.

Full Choir:

Against you alone have I sinned: Lord, have mercy on *me.*

Canticle

Jeremiah 14

Lamentation of the people in the time of famine and war

Cantor: We know our offences, Lord; we have sinned against *you.*

East Choir: Let my eyes shed tears, night and day, let them ne**ver** cease, *
for the daughter of my people is afflicted with a great affliction,
with the worst of all *wounds.*

West Choir: If I go out into the fields – behold, those slain by **the** sword; *
if I go into the city – behold, those wasted by famine.
Prophet and priest go through the land, they know no*thing.*

East Choir: Surely you have not rejected Judah, thrust him **from** you? *
Surely Zion has not become hateful to your *heart?*

West Choir: Why have you struck us down beyond all hope of **heal**ing? *
We have looked for peace, but no good came;
we have looked for the time of healing, but trouble came in*stead.*

East Choir: We acknowledge, O Lord, our wickedness, and the evil done by our **fa**thers: *
we acknowledge that we have *sinned.*
Do not make us a reproach, for your **name's** sake, *
and do not make us a disgrace before the throne of your glory.
Remember the covenant you made with us: do not bring it to an *end.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning, is now, and ever shall be,
world without end. A*men.*

Full Choir: We know our offences, Lord; we have sinned against *you.*

Second Psalm

Psalm 100

Enter the Temple with joy

Cantor: The Lord is God; we are his people, the sheep of his *flock.*

East Choir: Rejoice in the Lord, all **the** earth, *
and serve him with *joy.*
Exult as you enter his **pre**sence. *
Know that the Lord is *God.*
He made us and we **are** his *
– his people, the sheep of his *flock.*
The Lord is God; we are his people, the sheep of his *flock.*

West Choir: Cry out his praises as you enter **his** gates, *
fill his courtyards with *songs.*
Proclaim him and bless **his** name; *
for the Lord is our de*light.*
His mercy lasts for **ev**er, *
his faithfulness through all the a*ges.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning, is now, and ever shall be,
world without end. A*men.*

Cantor: God, devoted to us as a Father, you created us as a sign of your power, and elected us your people to show your goodness. Accept the thanks your children offer, that all men may enter your courts praising you in song.

Full Choir: The Lord is God; we are his people, the sheep of his *flock.*

Reading

Isaiah 53:11-12

Lector: By his sufferings shall my servant justify many, taking their faults on himself. Hence I will grant whole hordes for his tribute, he shall divide the spoil with the mighty, for surrendering himself to death and letting himself be taken for a sinner, while he was bearing the faults of many and praying all the time for sinners.

(Silent Reflection)

Responsory

Lector: He himself will free me from the hunter's snare.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: And from evil slander.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: (all: profound bow) Glory be to the Father and to the Son and to the Holy Spirit.
Full Choir: – *He himself will free me from the hunter's snare.*

Benedictus Antiphon

'Teacher, which is the first of all the commandments?'
Jesus replied, '"You must love the Lord your God with all your *heart.*"'

Intercessions

Lector: *Let us give thanks to Christ the Lord, who by dying on the Cross conferred life on us. From the depths of our hearts let us pray:*
– *By your death give us life.*
Full Choir: – *By your death give us life.*
Lector: Our Master and our Saviour, you have given us proof of your faith and you have renewed us by your glorious passion:
let us not grow old in sin.
Full Choir: – *By your death give us life.*
Lector: Grant that we may fast our well-fed bodies today,
and give help to our poor and hungry brethren.
Full Choir: – *By your death give us life.*
Lector: May we devoutly receive from you the gift of this Lenten day:
may we consecrate it to you with acts of compassion.
Full Choir: – *By your death give us life.*
Lector: Discipline our rebellious minds:

make us great in spirit.
Full Choir: – *By your death give us life.*

Prayer

Merciful Father, fill our hearts with your love and keep us faithful to the gospel of Christ. Give us the grace to rise above our human weakness. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.